Distinction in Leadership in Academic Health (DILAH)

DILAH is an interactive program designed for students from Robert Wood Johnson Medical School who demonstrate an interest in and enthusiasm for leadership in an academic health context.

As a result of participating in the program, students will learn about the complexities of leadership in academic health, creating a personal leadership development plan, complete a practicum, and submit a capstone project.

Distinction programs support and recognize students who have shown exceptional involvement, accomplishment, and scholarship in specialized areas of medical education.

Program Benefits

Program Objectives

- Enhance personal and professional leadership competencies
- Develop familiarity with contemporary challenges facing academic health
- Deepen understanding of concepts and strategies associated with leadership in academic health
- Advance professional development through completion of a practicum and capstone project

Selected Topics

- Leveraging strengths for leadership excellence
- Leadership competencies
- Difficult conversations
- Planning and leading change
- Metrics and continuous quality improvement
- Servant leadership
- Financial management
- Organizational culture

Past Capstone Projects

- Informal Leadership in Improving the Patient Safety Culture in Obstetrics
- Local Interdisciplinary Care Collaborative (LINC)
- Teamwork in Medical Education: Implementation of TeamSTEPPS Training Into Third Year Medical Student Clinical Simulation Training Exercises

Students who fulfill all of the DILAH program requirements will receive “Distinction in Leadership in Academic Health” notation on their diploma.

The program is offered by the Robert Wood Johnson School of Medicine in collaboration with the Rutgers Center for Organizational Leadership. For further information, please visit out our website: https://ol.rutgers.edu/programs/dilah/